

Timely Tip for January Gardeners From Calloway's Nursery

Healthier Homes with Houseplants

Once the decorations are packed away, fill those empty spaces in your home with living, breathing houseplants! It is a proven fact that plants can improve our indoor air quality. Researchers for NASA, while developing technology that would allow humans to live in a closed environment on the moon or Mars, discovered that houseplants are the quickest and most effective filters of common, dangerous air pollutants.

Research has shown that you should have one medium-sized houseplant per 100 square feet of living area. Set up two to three plants per room, based on an average sized room, so there is plenty of space around each one for good air circulation. The more vigorous the plant, the more air it can filter. Keep the leaves clear of dust since most pollutants are absorbed by the leaves.

Breathe a breath of fresh air into your surroundings while providing a vibrant "green" look! Join us at our first **FREE** clinic of 2012 and we will discuss which plants provide the most punch indoors! Clinics are held in every store.

Saturday, January 14th at 10:15 am-Dressing Your Indoors

Interior plants can dress up a room quite simply but did you also know plants can help clean your indoor air? Find out which houseplants do the best job while looking good.

Saturday, January 21st at 10:15 am-Texas Plants for Transplants!

Are you new to the area and have no idea where to start? Join us in this basic course in understanding Texas soils and plant choices.

Saturday, January 28th at 10:15 am-The ABC's of Pruning

When, what and where to prune! Learn the proper procedure before you make your first cut.

Success in the garden begins with a good foundation! Become a member of our Garden Club and learn how to develop a beautiful landscape! Visit www.calloways.com to join today!